

Social Distancing...

What does it mean?



Stop For Now:

- group gatherings
- sleep overs
- playdates
- concerts
- movie outings
- sporting events
- crowded stores
- malls
- workouts at gyms
- visitors in your house
- eat-in restaurants
- travel outside the country
- visits to others' homes
- spaces with more than 50 people



Be Careful:

- grocery stores
- take out from restaurants
- picking up medications
- visiting the library
- church services
- traveling to other cities/states
- parks/outside spaces



Safe to Do:

- take a walk
- go for a hike
- yard work
- play in your yard
- clean out a closet
- read a good book
- listen to music
- cook a meal
- family game night
- go for a drive
- group video chats
- stream a favorite show
- check on a friend
- check on an elderly neighbor